



Federatie  
**Landbouw  
en Zorg**



# Visiting Care Farms

## In the Netherlands



# Welcome

We are delighted to hear about your interest in visiting care farms in the Netherlands. Across the country, more than 1,300 care farms provide daily professional care to around 35,000 people in a calm, green, and structured environment that promotes well-being. These small-scale farms combine expertise, social engagement, and innovation, naturally integrating health, labor participation, and personal development. Participants consistently rate the care very highly, appreciating the personal approach and the flexibility professionals have to tailor care to individual needs.

Care farms range from agricultural production sites to small green workplaces, meeting diverse needs: young people learn new skills, older adults stay active, and people with disabilities find structure and calm. The sector operates under its own quality framework, defining what constitutes good care on a care farm. Farms affiliated with the Federatie Landbouw en Zorg (FLZ) are required to carry the recognized quality label “Kwaliteit Laat Je Zien!”, which guarantees professional guidance and responsible care.

As each care farm operates independently, please note that they set their own fees for visits and educational tours, which helps maintain the quality of care and facilities. When planning visits, please also take into account that some care farms are located in rural areas and may not be easily accessible by public transportation. We therefore recommend factoring this into your travel planning. You can contact the care farms of your choice directly to discuss availability, accessibility, and any associated costs.

If you are considering visiting Dutch care farms, you may choose to come in June. During this month, several care farms organise an open day to show visitors what they have to offer.

Please note that these open days are mainly intended to give a general impression. If you would like more in-depth information about a specific care farm, it is advisable to contact the farm directly.

See <https://www.zorgboeren.nl/zorgboerderijen#?open-dagen=1> to find one or more participating locations.



# Zorgboerderij De Eilandstal



Welcome to De Eilandstal: a farm in the village Broek in Waterland, just a 15 minute drive from Amsterdam. We provide day care for a varied target group: from juniors to homeless people, mental health clients, people with addiction issues, early dementia, or 'just' people who need space, green surroundings and a pleasant and social working environment. We welcome an average of 12 people a day.

Surrounded by our beloved animals (horses, cows, sheep, pigs, rabbits, cat, chickens, and our Runner Ducks), we do all kinds of activities. From feeding the animals to working in the greenhouse, cleaning the stables and doing several maintenance tasks – there is hardly any chance to get bored ;)

We hope you feel just as welcome as our participants do!



Zorgboerderij de Eilandstal  
Atjehgouw 3  
Broek in Waterland

[www.eilandstal.nl](http://www.eilandstal.nl)  
[info@eilandstal.nl](mailto:info@eilandstal.nl)

# Boerderij Het Lansingerland



Farm Het Lansingerland originally started as a dairy farm and switched to organic farming in November. In addition to dairy cattle, we operate an agricultural childcare facility, a campsite, and a farm shop. Care Farm Het Lansingerland offers space for 10 participants in care farming, who work in the barn and around the farmyard. In other areas, such as the childcare facility and the farm shop, we are supported by our co-workers. Without them, the farm would be far less lively and welcoming! We believe in entrepreneurship combined with social responsibility, which is reflected, among other things, in our role as a care facility. The co-workers who take part in day care activities are guided by experienced staff. We always look at the opportunities available for personal growth and development.

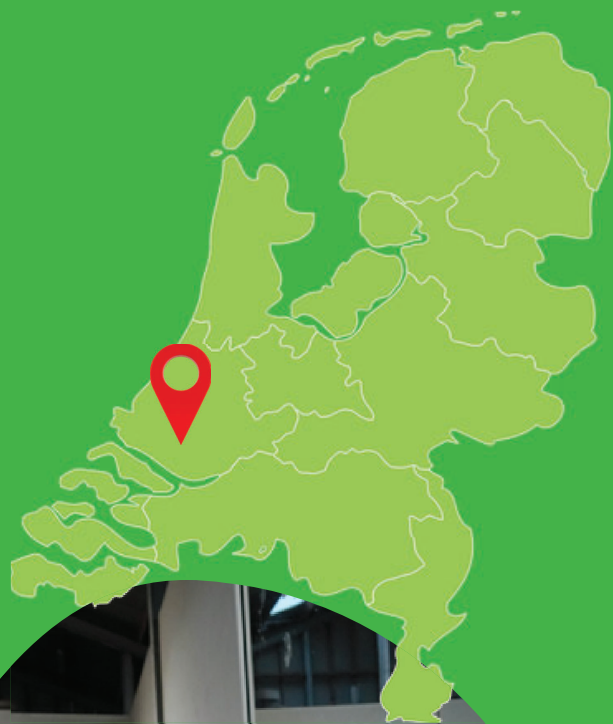
In addition to our care farmers and staff, we also provide a learning and work placement for students from special secondary education.



Boerderij Het Lansingerland  
Hoeksekade 146  
Berkel en Rodenrijs

[www.boerderijhetlansingerland.nl](http://www.boerderijhetlansingerland.nl)  
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# Zorgboerderij Swaenensteyn



Care Farm Swaenensteyn is a place where children and young people can grow in peace, space and nature. At our locations in Zoetermeer and Hazerswoude-Dorp, we work with heart, head and hands. Among the animals, in the garden and in the greenhouse, participants discover their own strengths, talents and possibilities. We offer guidance, treatment and educational support to children and young people who have (temporarily) become stuck at school or in their personal development. In a small-scale and safe environment, they gradually rebuild confidence in themselves and in learning.

Our approach is personal, practical and warm. We focus on what is possible and believe in the healing power of being outdoors, taking responsibility and making genuine connections. Animals play a special role in this process: they reflect, connect and bring calm.

Care Farm Swaenensteyn offers professional care, treatment and education in a natural environment, where growth emerges through attention, commitment and trust.

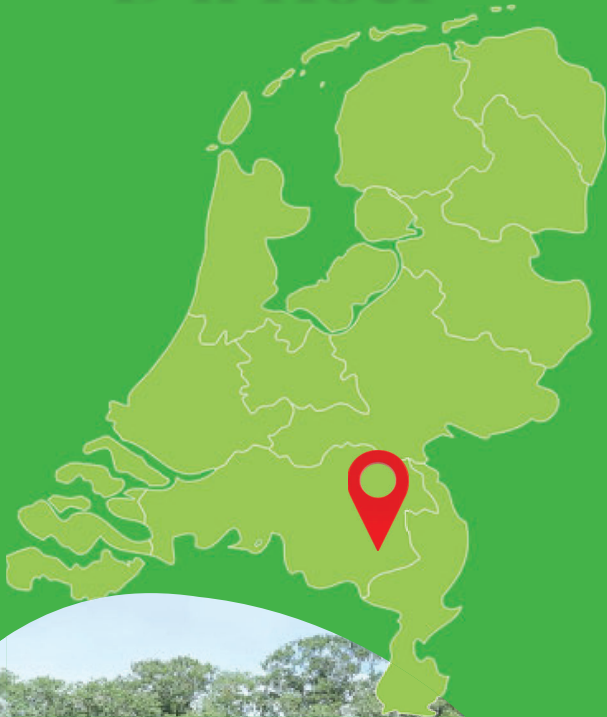


Location 1:  
Zorgboerderij Swaenensteyn Zoetermeer  
Meerpolder 23  
[zorgboerderijzoetermeer@swaenensteyn.nl](mailto:zorgboerderijzoetermeer@swaenensteyn.nl)

Location 2:  
Zorgboerderij Hazerswoude-Dorp  
Voorweg 95  
[zorgboerderijhazerswoude@swaenensteyn.nl](mailto:zorgboerderijhazerswoude@swaenensteyn.nl)

[www.zorgboerderijzoetermeer.nl](http://www.zorgboerderijzoetermeer.nl)

# Zorgboerderij D'n Hoef



At D'n Hoef, we work according to the principle of \*one child, one team\*: all disciplines united around the child to ensure a clear and personal approach. In our natural environment, we combine guidance, therapy and care education, allowing every young person or (young) adult to grow at their own pace. Our horses play an important role – their sensitivity helps strengthen self-confidence, emotional regulation and social skills. Together, we create a safe space for growth, connection and development in harmony with nature.



Zorgboerderij D'n Hoef  
Vaarsehoef 3  
Lierop

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# Zorg-Werkboerderij

## Hoeve op Vollenhof



Hoeve op Vollenhof consists of a working farm with barns, pastureland, an orchard and vegetable gardens.

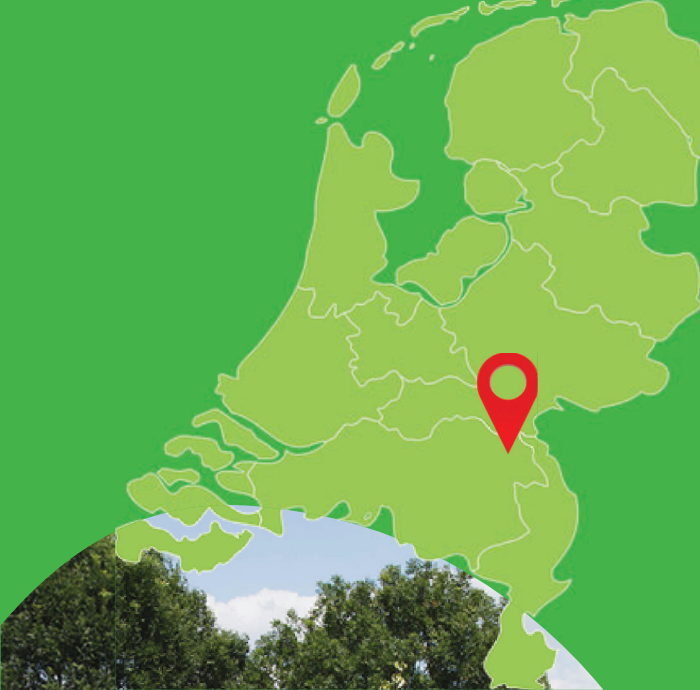
We provide guidance to young people, school dropouts and adults with psychological vulnerabilities who enjoy being physically active and hands-on. We offer a wide range of activities, including caring for the animals, working in the vegetable garden, processing produce from the garden and orchard, household tasks in support of the Bed & Breakfast and meeting facilities, as well as technical and maintenance work on buildings and fencing. There is also space for activities such as wool processing and the creation of home accessories.



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# Zorgboerderij De Horst



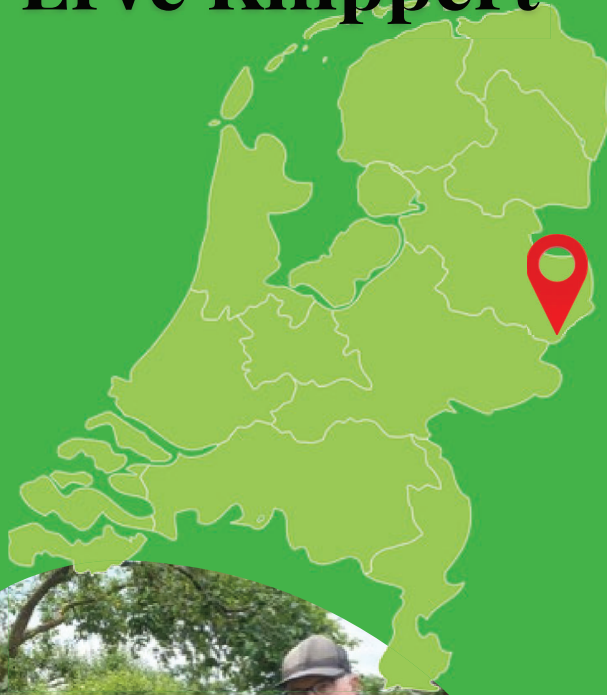
In Mill we welcome around 35 participants each day for meaningful daytime activities on one spacious rural site. Here you'll find Zorgboerderij de Horst (for older adults with dementia and acquired brain injury, ABI), Millsveld (a unique setting for younger people with dementia or ABI) and De Werkplaats (a social workshop for people distanced from the labour market). These three day activity centres are located together on a former farmstead. Gardens, nature, animals, workshops and the outdoors provide peace, space and inspiration. We combine a rural setting with professional care and activities that support well-being, development and inclusion.

ZORGBOERDERIJ  
**DE HORST** 

De Horst  
Krommedijk 24  
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[www.zorgboerderijdehorst.nl](http://www.zorgboerderijdehorst.nl)  
[info@zorgboerderijdehorst.nl](mailto:info@zorgboerderijdehorst.nl)

# Zorgboerderij Erve Knippert



Care Farm Erve Knippert was established in 2001. Older adults aged 50 and over with physical, mental and/or social limitations who are looking for social contact or meaningful activities are welcome during the day. Participants are invited to take part in activities in the communal living room and on the farm, while enjoying the surrounding nature.

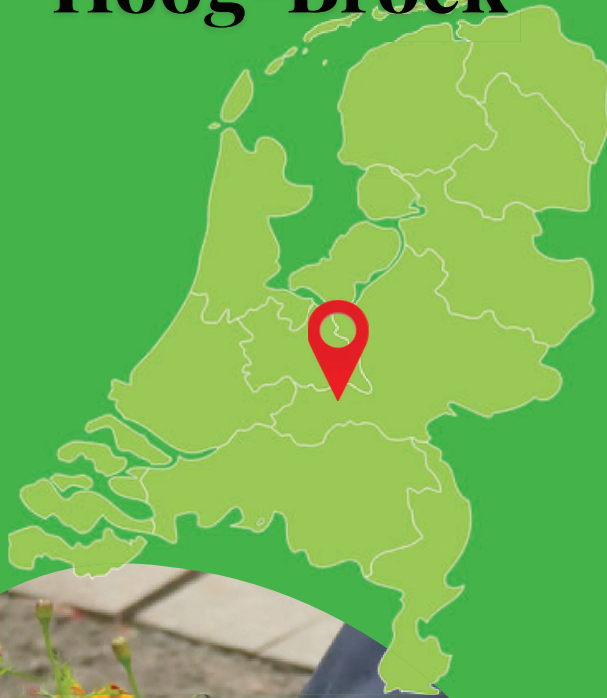
Activities include caring for cows, sheep and small animals, working in the vegetable and ornamental garden, cooking and baking, processing fruit and vegetables, walking and cycling, and running errands. Fresh meals are prepared every day. We work in a highly person-centred way, focusing on individual wishes and needs. It is important to us that participants feel useful and experience enjoyment and fulfilment throughout the day.



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# Zorgboerderij Hoog-Broek



Hoog-Broek provides compassionate care and daytime activities for both young and older people. We work with a combination of target groups, including individuals with dementia, mild intellectual disabilities, mental health challenges, acquired brain injuries, and young people who have dropped out of education. What makes Hoog-Broek unique is this combination of groups: our guests can support one another and participate together in a variety of activities. Every guest at Hoog-Broek is treated with the respect, appreciation, and sense of purpose that make every human life valuable. To achieve this, Hoog-Broek develops activities that align with each guest's abilities. These activities take place in a calm, rural, and enterprising environment. In addition to group guidance, individual support is also provided, both on the farm and in the home setting.

**Hoog  
Broek**

ZORG LICHT RUIMTE

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# Zorgboerderij Giersbergen



Giersbergen Care Farm is a daycare activity center for elderly people with a cognitive challenge. We work with an analytical method (The Böhm-Model), with which we pay a lot of attention to who the person with dementia is and how he experiences the world around him. We can then develop a personal and targeted range of activities that focus on meaning, self-reliance and the retention of skills. We also explicitly look at what the care recipient and the informal caregivers need at home. We incorporate that into our day program. Because we manage to keep our clients optimally independent, we can receive many clients in a day, without having to deploy extra employees. Every day there are 40 to 45 people, who mostly come to be active volunteers.

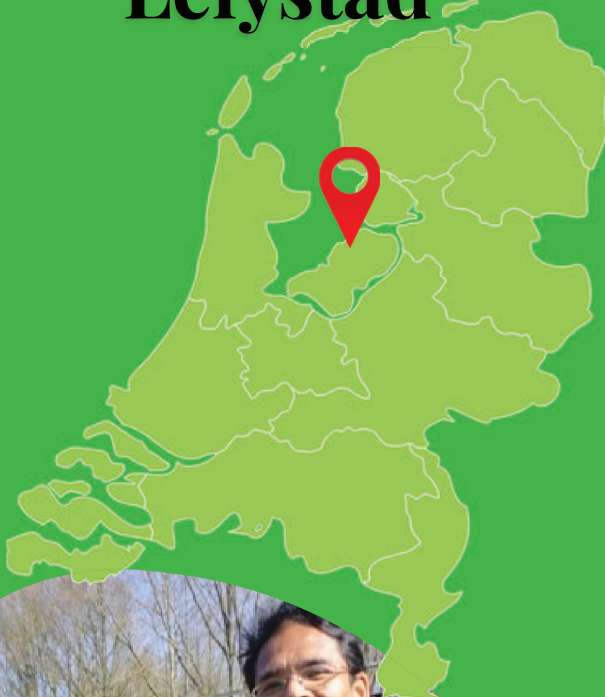
We already receive many visitors from abroad. They are always amazed at how independently our clients move around the Care Farm and know how to keep themselves busy. If you would like to visit us, we would also be happy to tell you about how the Böhm model has helped us to achieve these results.



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# Zorgboerderij Lelystad



Care Farm Lelystad is aimed at adults (18+) who, for various reasons, are looking for meaningful daytime activities. For example, due to an intellectual disability, a form of autism, acquired brain injury, or a chronic illness.

Care Farm Lelystad is a farm for people who want to spend their day in a meaningful way in a farm environment. The focus is on the participants' abilities and strengths. We work with small groups to create a calm and safe atmosphere. The farm has been specially built and designed for care purposes. We have groups of approximately 8-10 people per half-day session.

We offer a peaceful, safe, and well-structured farm environment, with both animals and a vegetable garden. Participants help care for ponies, sheep, chickens, rabbits, and guinea pigs, among others. In addition, we have a vegetable garden and a small greenhouse.

We create various products from pallet wood, wool, felt, and other materials. These products are sold on a small scale at the farm in our shop.

In case of rain and bad weather, the barn provides space for maintenance tasks, processing products, and engaging in creative activities.



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